

A Pet Owner's Guide:

Senior Preventive Testing



How Old Is Your Pet in Human Years?

Cats and dogs age faster than people; one human year can be equivalent to multiple years of your pet’s life. Use the chart below to find out approximately how old your pet is in human years and speak with your veterinarian about their life stage.

Aging and undetected diseases are why regular diagnostic testing may be recommended by your veterinarian.

Determine Your Pet’s Life Stage

Mature 🐾	Senior/Geriatric 🐾
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🐾 Your Cat’s Age	Equivalent Age in Human Years
7-10 years	44-56
11-14 years	60-72
≥ 15 years	76+

🐾 Your Dog’s Age	Your Dog’s Weight			
	≤20 lbs	21-50 lbs	51-90 lbs	≥90 lbs
	Equivalent Age in Human Years			
7-9 years	44-52	47-56	50-61	56-71
10-12 years	56-64	60-65	66-77	78-93
12-13 years	64-68	69-74	77-82	93-101
14+ years	72+	78+	88+	108+

Preventive Testing Recommendations*

Use the age and key charts on the left with the table below to see what specific tests your veterinarian may recommend based on your pet’s physical exam, life stage, and individual needs.

 	Chemistry Panel Provides information on several organ systems, important proteins, and electrolytes.
 	Complete Blood Count (CBC) Provides information on red and white cell counts to detect anemia, inflammation and platelets involved in blood clotting.
 	Urinalysis Provides information on the urinary system and helps interpret the chemistry panel.
 	Fecal Screens for gastrointestinal parasites.
 	Infectious Disease In dogs, screens for parasitic diseases such as heartworm and tick-borne diseases. In cats, screening is lifestyle dependent for diseases such as Feline Leukemia Virus (FeLV) and Feline Immunodeficiency Virus (FIV).
	Thyroid Testing Determines if the thyroid gland is functioning normally. Recommended for senior cats and dogs with clinical signs.
	Blood Pressure Screens for hypertension or hypotension that can accompany certain diseases.

*Recommended by the American Animal Hospital Association and the American Association of Feline Practitioners

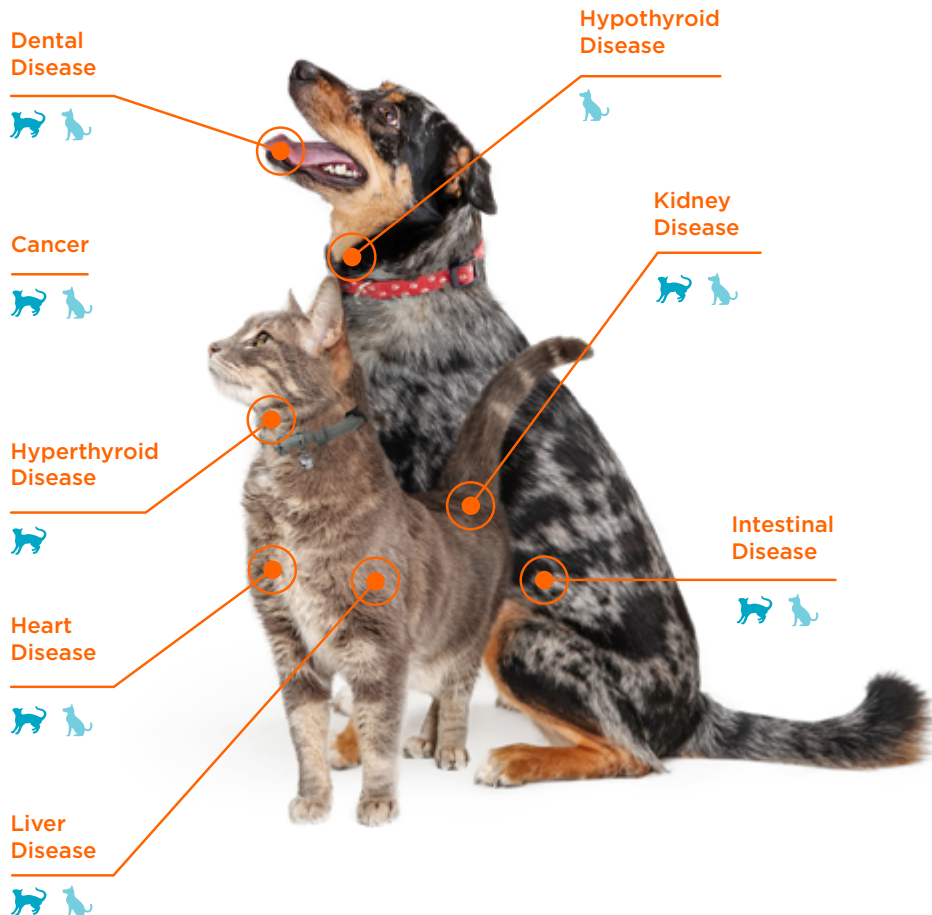


Why Wait Until Your Pet is Showing Signs of Disease?

Preventive testing and wellness visits are an easy, fast, affordable way to help ensure your pet lives a happy and healthy life.

Common Diseases in Senior Pets

It's important to perform regular diagnostic testing recommended by your veterinarian. The sooner you find any abnormalities, the faster you can take action to help your pet. Many diseases can be treated and monitored with early diagnosis.



Why Wait Until Your Pet is Showing Signs of Disease?

Older pets tend to be less playful and/or active. They may sleep more and experience weight changes. It may become difficult for them to reach their favorite places and perches. Certain diseases may change elimination habits and/or water consumption.

Try some of these simple practices to make your senior pet more comfortable at home:

- As pets age, they slow down. Try to keep them moving with gentle exercises, that will help prevent arthritis and joint pain
- Provide a warm, cozy resting place for your pet to easily access without jumping or climbing stairs
- Make sure food and water is easily accessible to your pet at all times and try to monitor any changes in consumption

It's helpful to keep track of behavioral changes with a journal or checklist as part of your pet's medical history. If you notice anything unusual, bring your pet in for an evaluation as soon as possible.





Ask Your Veterinarian About Diagnostic Testing for Your Pet

Your veterinarian will be able to detect issues earlier and treat them sooner with simple preventive diagnostic testing designed for your senior pet. Diagnostic testing is also used to establish a biometric baseline to closely monitor your pet's health.

This clinic uses Zoetis diagnostics to aid in the evaluation of your pet's health.

Schedule Wellness Visits

Wellness visits with your veterinarian are the perfect time for you to ask medical questions, track behavioral and weight changes, and receive tips for at-home care.

Some topics that may be covered during your visit include:

- Behavior
- Environment
- Elimination
- Nutrition
- Oral health
- Parasite control
- Vaccination
- Diagnostic testing

SCHEDULE YOUR NEXT APPOINTMENT TODAY!

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